

A man with dark hair, wearing a maroon puffer jacket over a grey sweater, is sitting at a light-colored table outdoors. He has his head buried in his hands, looking down with a distressed expression. A pair of black-rimmed glasses is on the table in front of him. The background is a blurred outdoor setting with buildings and trees.

YOU'RE NOT ALONE

**1 OUT OF 10 MEN
EXPERIENCE DEPRESSION**